

Dr L H Hiranandani Hospital FEBRUARY 2023

Healthy

■■■ MILESTONES

TOP GUN - WE ARE BACK!
Defeated COVID - We lost none of our team



19 Years and going strong



**Hiranandani
Hospital**

New Family Super-specialty Hospital



Dr L H Hiranandani Hospital stood united against heart disease on **World Heart Day** on **29th September 2022**

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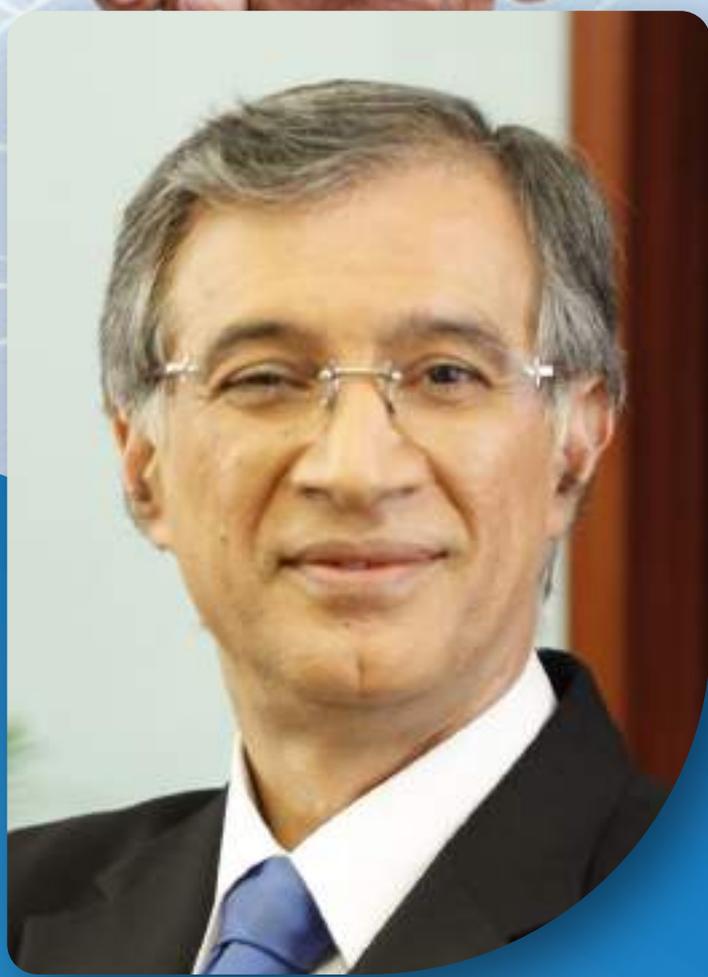
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Dr Niranjan Hiranandani

Chief Managing Trustee



We have overcome a black swan period and now as I see the cloud lifting it should lift your spirits and apply yourself to being -
The preferred choice for healing and good health.



Message

from the Chief Managing Trustee

It is very heartening to know that our hospital is stepping out to celebrate our raising day with the traditional gaiety and fervour. When Mumbai needed us the most we were there for our beloved city. You all were there. The entire city has appreciated your good work. I congratulate you!!

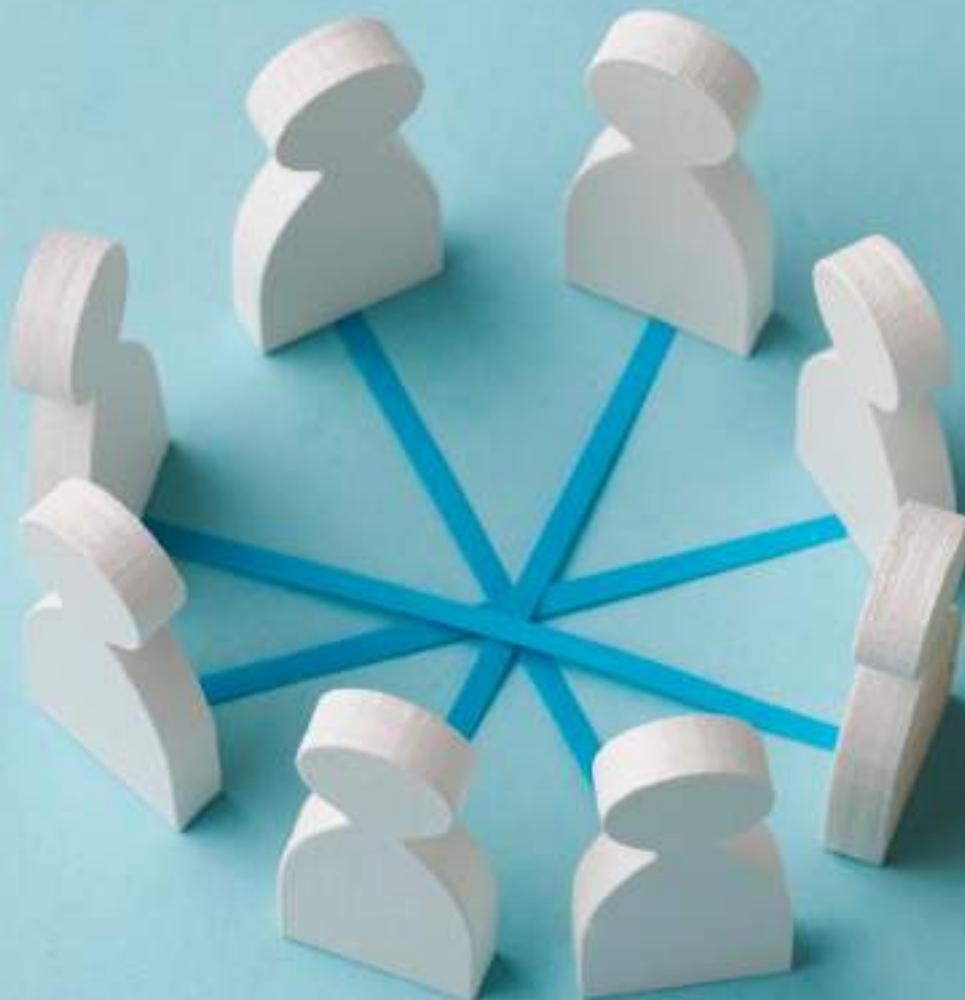
I am particularly pleased with the hospital getting into the heart and lung transplant program. This move is in the right direction. This will require a huge effort from all at the hospital to make a successful program. It is not just the heart team and the critical care team; it also requires all the staff to spread the word as our ambassadors. While we are doing good work, it is equally important to spread the word about our progress.

Each year the hospital must achieve proficiency in one subject and this is not only in the medical field or nursing.

It must be as a part of the whole hospital. Look at efficiency and subsequently enhanced efficiency in all the hospital processes. These ideas must come from the staff and be vetted by the management to execute.

We have overcome a black swan period and now as I see the cloud lifting it should lift your spirits and apply yourself to being - The preferred choice for healing and good health.

God bless you, your families and our hospital.





Mr Surendra Hiranandani
Trustee



Ever since our hospital was born,
our vision was to be an excellent value driven
multi-specialty healthcare centre in Mumbai.



Message

from the Trustee

I would like to take this opportunity to express my sincere gratitude for the hard work you have been doing all these years for providing world class integrated healthcare services to our patients. We have come a long way in our journey and I always believe that we have to be committed to our community and the best way forward is to have new ideas and continue to focus on delivering high standards of services and make a different identity in this field.

Ever since our hospital was born, our vision was to be an excellent value driven multi-specialty healthcare centre in Mumbai. All these years we have left no stone unturned to maintain high ethical and good standards in our hospital. My earnest appreciation goes to the entire Doctors, Nurses and the other staff as I am sure that without their persistent efforts we will not be able to maintain this high standard. Success comes only with the dedication and hard work of each one of

you which will definitely help us to take our hospital to the next level. We need to focus more on delivering responsible and patient centric healthcare services. We have been investing for bringing world class medical equipment with new technologies in our hospital which is helping us to provide excellent treatment to our patients and also a different care experience. Through our patient first philosophy we always ensure that they get 24x7 access to quality healthcare.

It is really a matter of pride for me to see the commitment and dedication that our Doctors, Nurses and other supporting staff are showing to our patients and their relatives. From the management side, we are also doing whatever we can to support the welfare of the great people who work here. We are so lucky to have you all in our hospital which really made me and our hospital prouder. Once again thank you so much for all you do for our Hospital and the community.





Dr Sujit Chatterjee

Chief Executive Officer



I end by a quote from Ernest Hemingway –
*‘No man is an island, he is part of the whole
so ask not for whom the bells toll, they toll for thee.’*



Message

from the Chief Executive Officer

The best thing that could have happened to us is that we have all come out together on the other side of the COVID Pandemic. I salute you!! The hard work that you put and the zeal with which you worked. The city is proud of you. The Hon'ble Governor of Maharashtra said so.

It was not an easy time. The challenges were there before us and you rose to the occasion. The lock down (though necessary) had created hardship, travel to and fro was so difficult. Some of you had to stay away from our families as duty called. So many heartaches seeing our colleagues go down with COVID but at each time we rallied around to ensure we all went back home. The sheer stamina sapping PPEs that you wore for hours together, drenched in sweat to the point of exhaustion .

Its time now to reflect on how you maintained such high

standards and for a period of twenty four months. The year should see you come up with innovations that improve your work to have enhanced customer satisfaction.

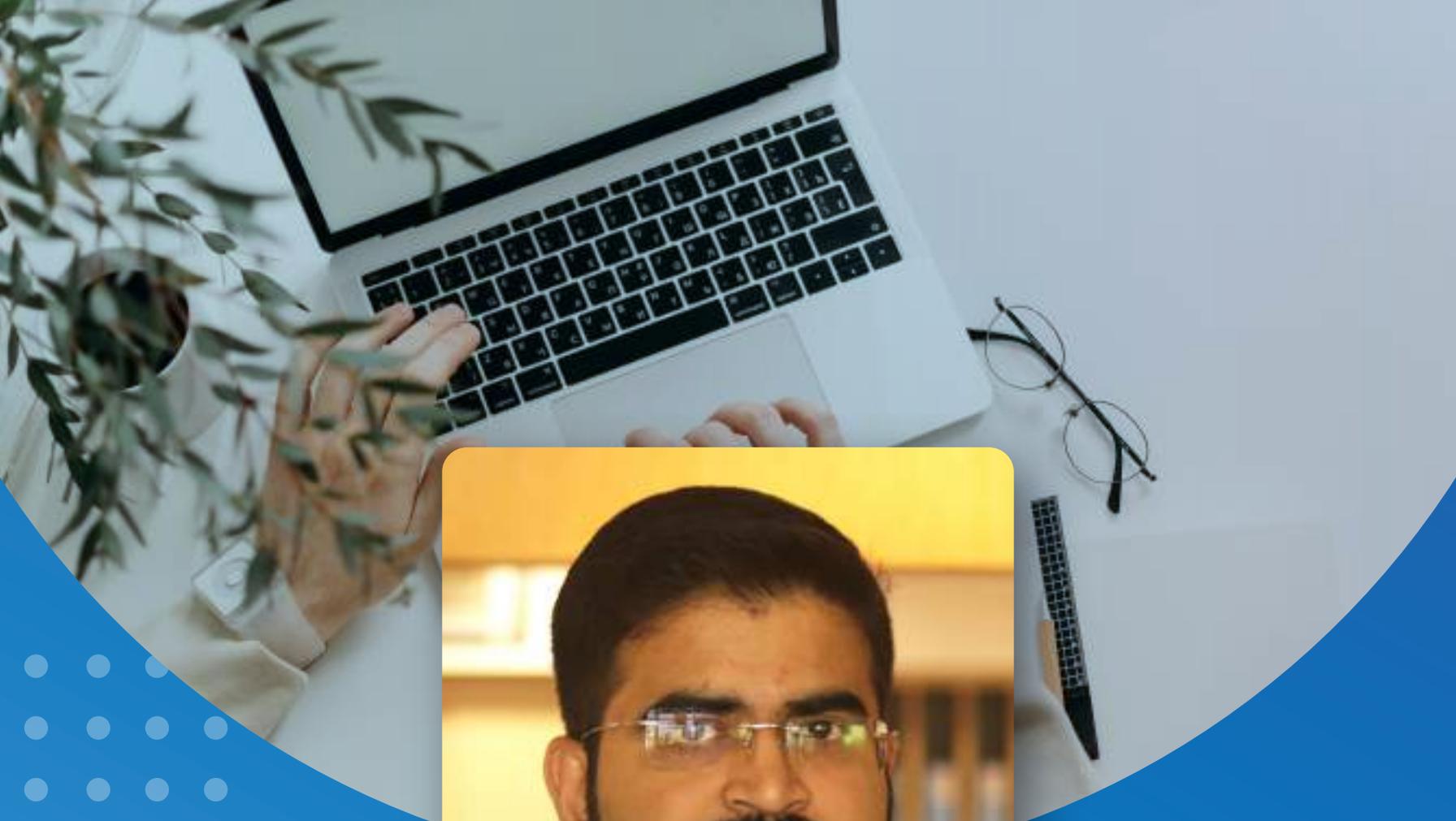
Please understand that you must be customer centric. That is what will enhance the reputation of your hospital.

The medical therapy too must go up a notch higher and you will all see newer modalities of therapy being introduced. That means added technology too. You will need to work smarter and that gives you an advantage over competition. That is how the hospital will go forward to the next decade.

I end by a quote from Ernest Hemingway – 'No man is an island, he is part of the whole so ask not for whom the bells toll, they toll for thee'

I wish you and your families the very best for 2023.





Dr Suvin Shetty
Pathologist & Editor



However, like the enigmatic ‘Maverick’ from the ‘*Top Gun*’ movie, *we refused to fail, we refused to give up, and we fought the demon and came out successful.*



Editorial Note

from the Editor

This time, last year, the city faced a sudden spike in COVID-19 cases. The 18 th anniversary celebrations had to be curtailed as the nation went back into the strict COVID protocol mode. However, like the enigmatic 'Maverick' from the 'Top Gun' movie, we refused to fail, we refused to give up, and we fought the demon and came out successful. The country has now bounced back to normalcy, so have we, looking beyond the COVID.

The Hospital faced its NABH audit and successfully completed the task. We won few eminent awards in-between which recognized the contribution of the hospital and its members towards the betterment of the society. We celebrated our

successes and our festivals with equal fervor. Some of us adapted to the changing times by moving to research apart from doing our clinical work. We successfully conducted the 4 th Nursing Conclave (NurCON-2022) and 9 th Hiranandani Pharmacy Conclave (HiPCon). And now, we are gearing up and moving forward to face greater challenges such as cardiac failure management. We have embarked on a complete transplant program in the hospital. We did successful liver transplants last year and now we are working on heart transplant program.

We are taking steps to achieve the dream of our Chairman Padma Bhushan Dr L H Hiranandani in creating the centre of excellence in healthcare in the country.



Awards and ceremonies are
all applause of discipline.

– *Sunday Adalaja*



Awards

Navbharat Healthcare Awards 2022

Dr L H Hiranandani Hospital receives the "Navbharat Healthcare Awards 2022" for 'The Best Hospital In Mumbai' category at the hands of Shri Bhagat Singh Koshyari, Hon'ble Governor of Maharashtra, on 27 October 2022 in an event held at the Raj Bhawan, Mumbai. This award was issued for the relentless service of doctors, nurses and healthcare workers, to society,

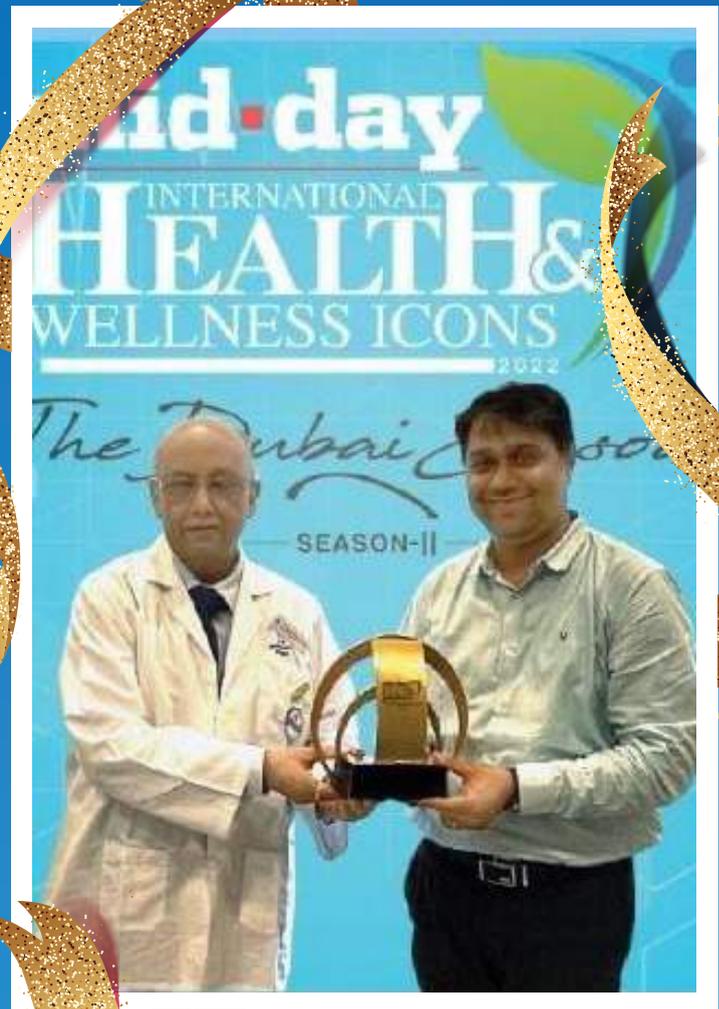
during the pandemic.

Dr A V Ganesh Kumar has been recognised by the Hon'ble Governor of Maharashtra as the 'Best Interventional Cardiologist' for his pioneering work in the field of interventional cardiology in the state of Maharashtra.



Awards

International Health and Wellness Icons



Awards

AHPI Award 2022 for
'Patient Friendly Hospital'



Awards

ANBAI Award 2022 for 'Distinguished NBE Teachers of Excellence Award',
Dr Jayshree Todkar



Awards

Inter-Hospital Cricket Tournament
Friendship Trophy, 2022





Bouncing back from **COVID**



Dr Manish Gupta
Medical Director

A At the time of an unanticipated world crisis, in spite of all concerns, fears and anxiety for our family, colleagues and oneself, we all were geared up to deliver help to the world. Some of us also contracted the briskly spreading virus but yet we fought it aggressively and were back on feet expeditiously to behold the awaiting responsibilities and duties again. We worked round the clock to save the mankind. Red corridor, fever clinic, step-down ICU, dedicated ICU and wards, new equipments, urgent availability of medicine, and the most difficult scaling up the bed strength overnight with limited staff was a demanding and back-breaking task and yet we did it together.



As the storm of the Corona virus pandemic settled, our hospital passionately directed *its steps towards multiple novel endeavors.*



As the gargantuan waves of the prolonged tsunami of the COVID-19 pandemic subdued near the shores, we triumphantly rose from the treacherous ocean of unprecedented and arduous difficulties. After a long haul, the nation presently stands recovered, rejuvenated and reformed.

As the storm of the Corona virus pandemic settled, our hospital passionately directed its steps towards multiple novel endeavors. Yet again, we have commenced our ventures into distinct aspects of medical specialties. Strengthened by a unique experience and enhanced by our renewed gusto to treat and spread health and happiness, we have embarked on our journey of transplantology.

We excelled in our profession by not limiting to only cadaver cases but went a mile beyond to tackle live cases of the level of blood group incompatibility. The team has done an incompatible liver transplant on a 15 year child where the recipient and the donor had different blood groups. A total of four liver transplants were done in 2022.

With hope in our hearts and strategies in our minds we have

began confronting new challenges.

Our cardiology team did not halt at ECMO (Extracorporeal membrane oxygenation), they went ahead to steal a few pages from the history of our hospital. Adrenaline was pushed in our systems when we saw a patient on Impella (it allows the heart to rest and recover by temporarily assisting the pumping function of the heart to efficiently deliver blood and oxygen to the entire body) with no ECG wave forms and heart at rest yet the patient was speaking and having breakfast.

Inspired by the learning of the past, we have launched a routine of knowledge banking every Thursday. The academic session every week involves the discussions on complex cases with multi-disciplinary approach. Through these, the hospital has stressed need for multidisciplinary discussion and is promoting the same for OPD as well as IPD services.

We stand as a proud healthcare team today, swiftly taking up the work of catalyzing the shift from pandemic to other spheres of the field and are impassioned to continue our efforts industriously to remain the "Preferred choice of healing and good health".



The workings of COVID

Fever Clinic

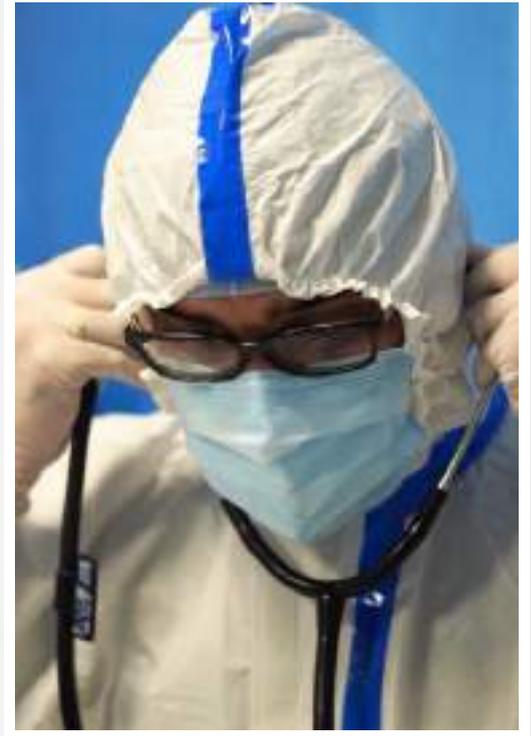


PSA Inauguration



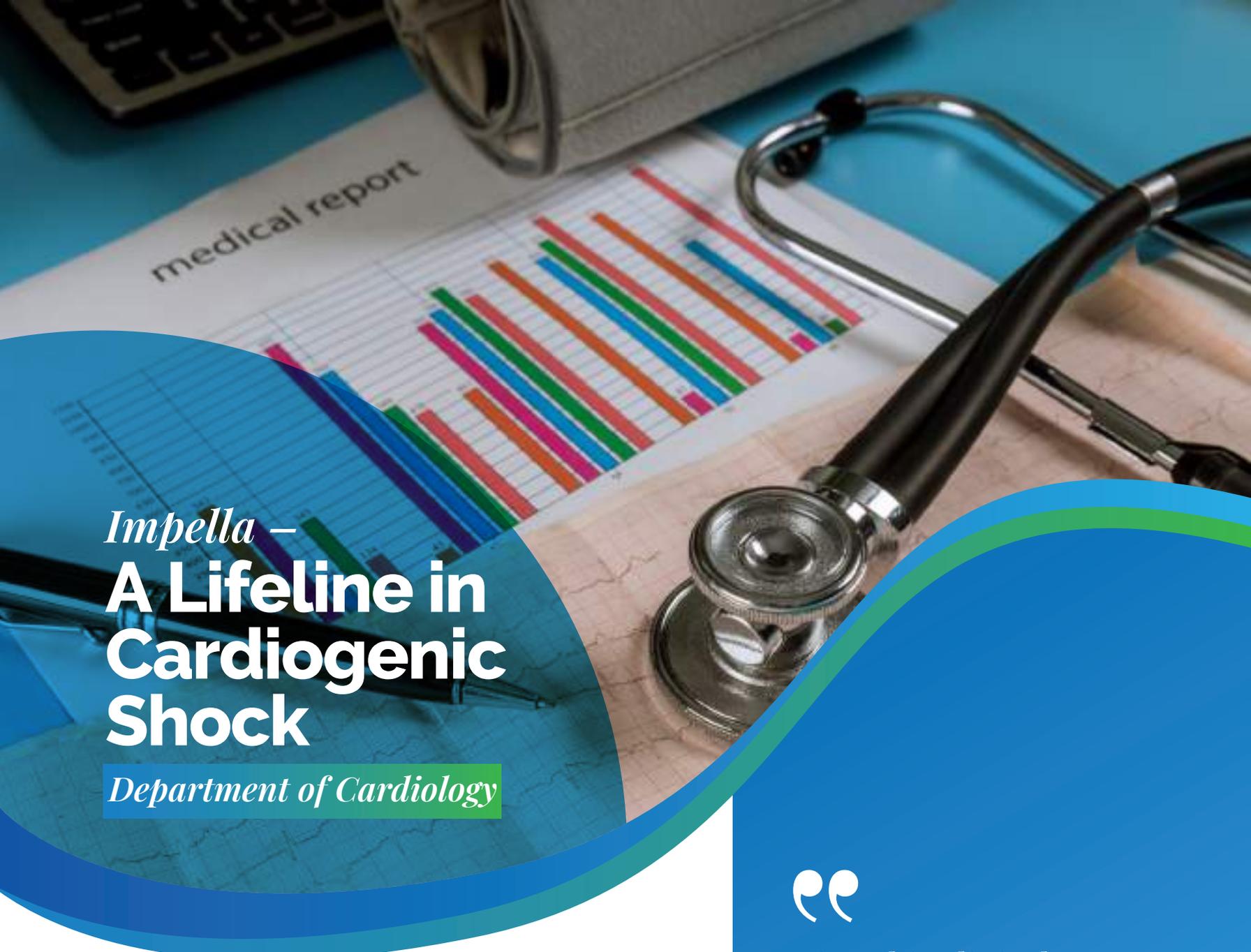
The workings of COVID

Staff in PPE Kit



Vaccination





Impella – A Lifeline in Cardiogenic Shock

Department of Cardiology

Dr L H Hiranandani Hospital, first in West India to acquire world's smallest heart pump – It was used in 62-year-old with heart attack & critical blockages of major arteries of heart in cardiogenic shock.

When Mr Mishra (patient's name changed), a 62-year-old man from Mumbai suddenly developed severe chest pain after having dinner with the family, things became gloomy for him as he was diagnosed with massive heart attack leading to cardiogenic shock. By the time he reached to Dr L H Hiranandani Hospital, at Powai, his heart went into complete arrest and the doctors at the A&E department had to perform CPR (chest compressions) to revive his heart. By that time, his lungs were also filled with fluids, and he had developed difficulty in breathing.



Given his clinical presentation, the odds of his survival were relatively low; hence we decided to operate him with *a support of... world's smallest heart pump called 'Impella'.*



"Cardiogenic shock is a life-threatening situation that occurs when the heart is unable to function properly, depriving critical organs of the blood they need to function. This may happen due to a sudden cardiac event such as a heart attack' said Dr Rushikesh Patil, Interventional Cardiologist. 'Given his clinical presentation, the odds of his survival were relatively low; hence we decided to operate him with a support of ..world's smallest heart pump called 'Impella'."

"Impella is temporarily inserted through a small incision and advanced through the arteries and into the heart. Once in place, the Impella heart pump is turned on, pulling blood from the left ventricle and releasing it into the aorta. This active 'unloading' of the left ventricle increases blood flow to the brain and other vital organs and protects the kidneys from acute injury while giving rest to patients' heart", said Dr Ganesh Kumar, Senior Interventional Cardiologist & Head of Dept of Cardiology.

Mr Mishra was operated successfully on 9th November by Dr Ganesh Kumar, Dr Patil and team of experts at Dr L H Hiranandani Hospital. His major blocks responsible for heart attack were successfully opened up with the hemodynamic support by Impella pump. Post-procedure in the Cathlab, patient was sent to ICU on Impella support. After four days of Impella support, his heart function recovered, and subsequently the pump was removed by the Cardiologist.

"When the heart is weak due to heart attack, with multiple blockages in the arteries, coupled with other conditions such as old age, diabetes, lung disease, kidney problems etc, the risk of complications on table as well as in ICU are very high" said Dr Patil. The Impella heart pump made it possible for him to have this life-saving treatment. Without the Impella, the next best supportive device would have been IABP and patient would not have come out of cardiogenic shock with IABP. He would have required a ventilator and dialysis immediately and would be impossible to sustain him beyond first day. This is what happens routinely in cardiogenic shock especially in patients in heart attack who present late to hospital (which in this case it was) and Impella was the only solution which works as an artificial heart and gives time for the patient's own heart to recover.

"As the technology advances, physicians are treating more complex patients, including those who presents with heart attack and cardiogenic shock. In these subsets of patients

performing an angioplasty without a support of heart pump would have been a disaster. Dr L H Hiranandani hospital is among very few centers across India which uses cutting edge technologies such as Impella. Also it is one of the few centers with dedicated Impella Heart Recovery Program to address cardiac emergencies in shortest time frame", said Dr. Sujit Chatterjee (CEO, Dr L H Hiranandani Hospital).



"Impella heart pump is approved by US-FDA and more than 250,000 patients have been supported by it across the globe. It is inserted through the groin with a small puncture through a vessel and does not require an open-heart surgery. In addition, the benefits of using an Impella continue long after the procedure has been completed", said Dr. Kamlesh Kothawade, Head of Medical Affairs & Therapy Development, Asia-Pacific at ABIOMED.

Dr Chatterjee said, "The Impella device is a bridge device and not a destination therapy. This is the hospital's first step towards that and that may be the Left ventricular assist device (LVAD) or heart transplants. The route that the hospital proposes to take and this being the first step to achieve that goal. The other initiative that has been started is the 'Heart Failure Clinic'. This is a multidisciplinary team meet where the cases of heart failure that have repeated hospital admissions or are unstable are met with by a team of surgeons, anesthesiologists, cardiologists, dietician, cardiac rehabilitation specialist and social worker, to explain the future and give a customized instruction on the way forward. We are confident that this will augur well for the hospital in the future."



Doctors from the **Cardiology Department**



**Dr Ganesh
Kumar A V**
*Interventional
Cardiologist*





**Dr Irfan
Khan**

*Interventional
Cardiologist*



**Dr Rushikesh
S Patil**

*Interventional
Cardiologist*



**Dr Mukul
Kaushik**

*Interventional
Cardiologist*



**Dr Swarup
Pal**

*Cardiovascular and
Thoracic Surgeon and
Transplant Surgeon*



*Life in the times
of COVID:*
**Musings of
a Surgeon**



Dr Abhijit S Joshi
*Consultant General and
Advanced Laparoscopic Surgeon*

**The many waves of the COVID-19 pandemic and
the long road to recovery – Musings of a Surgeon...**

The pandemic hit all of us out of the blue. It hit us real hard. Responding to the clarion call made by the Hon. Prime Minister, the nation went into a complete lockdown in March 2020. Business, leisure, travel and so many other aspects of day to day life came to an absolute standstill. Academic institutions re-invented new ways of teaching. Social distancing became the norm. Children spent more and more time in front of their computer screens, as the concept of online teaching took off and practically no time on the playground.



We kept on boosting each other's morale and uplifting each other *throughout the dark depressing period, hoping all the time for the ordeal to pass.*



Within the broad surgical specialities at our institution, planned surgeries progressively reduced in number, until they came to a naught at the peak of the waves. This affected the surgical fraternity significantly. There were many times in these two years when we were performing only emergency operations and no planned cases. There was an eerie silence in the otherwise bustling operation theatres, which started going empty, for the first time. Performing emergency surgeries whilst donning the PPE kits was a harrowing and challenging experience in itself. It was a unique period where one was not doing what one is passionate about, but hoping and praying for an early restitution of normalcy. Unfortunately, all early predictions of this turned out to be way off the mark. In fact the virus kept on mutating and re-inventing itself merrily, often at the cost of precious human life, all over the world. Almost reminiscent of the human fight back of 'The Resistance' against the machines and bots that had travelled back in time in the 'Terminator' movie series, the medical fraternity rose up 'in arms' against the deadly virus.

Coming back to our narrative – the hospital leadership devised an effective plan for surveillance, isolation and therapy against the corona virus. My brave physician colleagues led the fight-back from the forefront, in an exemplary manner. When fatigue began setting in amongst them, all other specialties chipped in and kept the hospital's flag flying high! For months on end, surgical residents, associates, fellows and consultants as well, manned the 'Fever Clinic', stood shoulder to shoulder with the physicians in taking rounds in the COVID wards, attended the odd surgical calls and references from the COVID ICU and performed the few odd emergency surgeries, strewn in between. Indeed, it was a dark and gloomy period and there didn't seem to be any light at the end of the tunnel! Having now come out of the worst phase of the pandemic, reminiscing about those days, weeks and months fills me personally with great pride – pride in myself, my resident doctors, associates, fellows, staff, colleagues and above all ... my hospital! The inspiring way in which the hospital stood up as one to serve the community, city, state and the nation at large, is the stuff of legend. The brainstorming that the leadership had with us, the consultants, as well as the different sections of the hospital from time to time, to sort out logistical problems, was awe inspiring. We kept on boosting each other's morale and uplifting each other throughout the dark depressing period, hoping all the time for the ordeal to pass.





As already stated, elective surgical work had effectively ground to a halt during the worst phases and peaks of the pandemic. As the deadly virus cast a long dark shadow upon us, there was no end in sight. While not performing any planned surgeries, we, suddenly had some extra time at hand during the pandemic. Apart from dedicating some time towards the hospital COVID duties, we decided to make the most of this extra time.

For the longest time, we had preserved our surgical data as well as videos and images of some of our rare and interesting cases. Having already made our foray into the world of scientific publications in 2012, we decided to increase the size of our footprint, there. Since we now have a postgraduate teaching program in surgery in our hospital, each surgical resident and associate were given a topic... a project of sorts. We regularly brainstormed together and individually, towards increasing our own humble contributions to the world of scientific literature. We steadfastly climbed upwards, one step and one scientific paper, at a time. Preserving our data over the years helped us immensely, in this endeavour. Starting June 2020, I feel proud to state that we have already contributed 41 scientific publications to the world literature on advanced laparoscopic surgery; till date. This footprint includes Original articles, Case series, Case reports, e-Posters, Abstracts and Videos published in various reputed national and international journals, and presented at various national and international conferences. All our resident doctors till date, since the start of our post-graduate training program, have an average of 5 good publications against their individual names in both, national as well as international journals. This, once again, fills me with immense pride; especially now, as we stand together, hand in hand, hopefully towards the end of one of the worst phases of our professional lives.

These academic achievements have provided a magical silver lining to the one large dark cloud that has hung over all of us for the best part of the last more than two and a half years. Although not in one's wildest imagination can one label these 'the best of times', I am, nevertheless, reminded of these unforgettable opening lines from Charles Dickens' 'A Tale of Two Cities' – "It was the best of times, it was the worst of times..."





Nursing **Fighting back the pandemic**



Mrs (Capt) Valsa Thomas
Nursing Director

C OVID-19 has led to a transformational time for the field of healthcare and the impact on nursing may be the most obvious. The pandemic exposed the public to the realities of nursing with regards to the nurses' advanced clinical skills, the complexity of their work, and their commitment to patient care.

As the nation and the city emerges from the pandemic, there are signs of promise. Millions have been vaccinated and states have lifted most of the COVID-related public health restrictions. The policymakers and other stakeholders are analysing what went well and what didn't go well in the health care system, especially how did the system respond the crisis. The pandemic provided us with an opportunity to reflect, learn and grow, which was critical. This has provided a chance to address the weaknesses and to improve the healthcare system.



This proved the nursing force is ready passionately directed *to respond to any outbreaks even in future.*





During the current pandemic, with the hospital admissions overburdening the resources, the nurses had to work in areas outside their usual area of expertise. The OT nurses filling in for emergency room, the pathway nurses in the fever clinic, the OPD nurses in the wards were some of the examples of staff flexibility. Several nursing members had to forget their family responsibilities and stay back in the hostel to take care of patients.

The ability to shift work hours and responsibilities highlights perhaps the most important skills nurses demonstrated during the pandemic. This proved the nursing force is ready to respond to any outbreaks even in future.

Slowly but surely, we are almost back to the pre-pandemic period. There are no COVID cases admitted. The OPD services and planned surgeries have started functioning with new-found vigour. The number of patients visiting the clinics

and admissions are increasing. The nurses are back being deployed to their respective specialised areas. As the demand for health services and nursing care continues to grow, having the right number of nurses with the right skills, strategies to retain and strengthen nursing leadership and to invest in nursing is essential. The advocacy for the nursing role, combined with a compelling case for investment in nursing, would encourage the new generation into the profession.

However, the pandemic's repercussions will be felt for years to come in the society, in the healthcare and in the nursing.

As a profession, there has never been a more important time to demonstrate resilience, to adapt to the changed context of care and to highlight nursing skills, knowledge and expertise. This is an opportunity to move forward with the learnings and experience gained during the handling of the pandemic.



Professional Achievements



Dr Abhijit Joshi

Publications

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• Vinoth M, Shetty S, Joshi A. Appendicular "Googlies" – Googlies bowled at us by the human vermiform appendix and mimickers of its acute inflammation! – A case series with review of literature. Eastern J Med Sci.2022;7(4):1-4

• Gandhi H, Joshi A. Single stage totally laparoscopic management of Barnard's syndrome: the first such case report with review of literature. Int Surg J. 2022;9:2079-83

• Chintan Sangoi, H. K. Rangan, Abhijit Joshi. Laparoscopic Sigmoidopexy for Acute Sigmoid Volvulus – A Case report with Review of Literature. South Asian Res J Med Sci, 4(6): 71-75

• Joshi A et al. Lap management of Broad ligament hernia – British Journal of surgery, 2021

• Joshi A et al. Occult hernia – Role of laparoscopy in detecting the unseen, The Annals of Royal college of Surgeons of England, 2022

• Joshi A et al. Lap abdomino-perineal resection with postop Adhesive small bowel obstruction managed by lap, The Annals of Royal college of Surgeons of England, 2022

• Paraduodenal hernia – A Tale of 2 cities, The Annals of the Royal college of Surgeons of England, 2022

Faculty

• At the ASit Innovation summit, Royal College of Surgeons (UK), 2022, spoke on:
a. Paraduodenal hernia – A Tale of 2 Cities
b. Occult hernia – Role of Lap in detecting the unseen
c. Lap APR

• Lap repair of Broad ligament hernia' – Video podium presentation at the MSScon (Mumbai Surgical Society)



Dr Austin Fernandes

• Executive Committee member & Jt Web Editor, Bombay Psychiatric Society (2021 – 2023)



Dr A V Ganesh Kumar

Publications

• Eugene B. Wu, A. V. Ganesh Kumar, et al. Global Chronic Total Occlusion Crossing Algorithm. Journal of the American College of Cardiology, Vol 78(8), 2021



Dr Greeshma Shenoy

• Founding and Executive Committee Member (2022 – 2024), The Society of Cardiovascular and Pulmonary Rehabilitation (SOCVPR) www.socvpr.com





Dr Lincy Jacob

Position

- Executive Managing Committee, Federation of Bombay Blood Banks (2021 – 2025)
- Advisory Member, 3rd Joint Congress of AABB & AATM

Publication

- Dr Lincy Jacob, Dr Akshata Parab. Effective Implementation of 'Donor Safety Culture' strategies to monitor and minimize donor adverse reactions. Asian Journal of Transfusion Science. Year : 2022 | Volume : 16 | Issue : 3 | Page : 1-11

Awards

- Best abstract for Oral presentation, First National conference on Haemovigilance, NIB, Ministry of Health & family Welfare
- India Top 5, Transfusion Medicine Hackathon, Asian Association of Transfusion Medicine (AATM), 2022

Faculty

- 'Timely Intervention to Precise Diagnosis in an unexplained case of Hemolytic Anemia', Poster presentation at ISTM –TRANSMEDCON, 2022. Optimal Blood donor screening using 4th Generation HCV ELISA, ISBTI-TRANSCON, 2022



Dept of Nursing

Publications

- Cornelio S, Saly Suseel S, Thomas V. Covid-19 related depression, anxiety and stress among nurses working as front line workers in a selected hospital in Mumbai city. Int J Health Sci Res. 2021; 11(5): 163-168.

- MD. Najemoddin Quazi, Sheryl Cornelio and Capt. Valsa Thomas. 2021. "Experience of healthcare workers infected with COVID-19 in a selected hospital of Mumbai.", International Journal of Current Research, 13, (08), 18442-18445
- Jincy Joseph et al. A Study To Assess The Effectiveness of Planned Teaching Program On Patient Safety Goals Among Staff Nurses in Dr L H Hiranandani Hospital, Mumbai. Int J Recent Sci Res. 13(02), pp. 417-420
- MD Najemoddin Quazi, Saly Suseel, Jolly Simon. Impact of night shift napping on work performance and fatigue among nurses. International Journal of Current Research. 2022, pg 20412-20415, vol-14, Issue-01
- Shweta Sawant, Saly Suseel, Soniya Susan Varghese, Jincy Joseph. A descriptive study to assess the knowledge and practices regarding biomedical waste management among healthcare professionals in a selected hospital, Mumbai. International Journal of Current Research. 2022, pg 21844-21849, vol-14, Issue-07



Dr Rakhee Sahu

- Featured in **INDIA TODAY HEALTH 2022**, Top Doctors in the MUMBAI edition in Gynecologist and Obstetrician section

Training Course

- Master Course in Endometriosis at IMMAST- Institute of Medical & Minimal Access Training –Certified by Royal College of Obstetrics & Gynecology (RCOG), March 2022

Faculty

- Invited as Speaker in CAHO Webinar- Continuing Quality Education (CQE) series 12 –Improving Quality standards in the Obstetrics department- Monitoring & Documentation on 30th April 2022
- Invites as be a Moderator for the Discussion on" Critical Care in Obstetrics " on Saturday 16th April, 2022 at the MOGS - HER World Congress of Labour and Delivery
- Invited as Panellist for topic- Fetal pelvic cyst and its management - Society of Fetal Medicine Navi Mumbai Study Group in Association with Navi Mumbai Obs & Gyn Society (NMOGS) Online Virtual Meeting ,on 3rd March 2022
- Invited as Faculty- crash course for PG students - case discussion- Post-datism in MOGS PG-postgraduate teaching programme conducted on 27th Feb 2022





Dr Sanjeev Jain

Publication

- Sanjeev Jain and Tushar Sawant. Osteonecrosis with Concomitant Bacterial Osteomyelitis of Both Hips and a Knee in a Post-COVID-19 Patient. JBJS Case Connect 2022;12:e21.00629



Dr Seeru Agarwal

- Lead Assessor for Manyata Initiative, Manyata (Don't forget moms) – A FOGSI Initiative
- Expert for webinar on 'What are the pros & cons of OC pills for menstrual dysfunction in PCOS?' at the W3 Webinar by PCOS Society of India, 2022



Dr Suvin Shetty

Publication

- Shetty SS, Munshi NK, Patil AA, Joshi MD, Joshi PM. A multi-centric study on establishing reference interval for TSH, TT4 and TT3 in Western India. Int J Clin Biochem Res 2022;9(1):44-52

Activity

- Involved in the development of the Patient Safety module for CAHO for training purpose & faculty at the

workshop on Patient Safety

- Member, Academic Committee for the prestigious CAHOCON 2022, Kochi



Dr Vinay Thappar

Publication

- Thapar, V.B., Thapar, P.M., Goel, R. et al. Evaluation of 30-day morbidity and mortality of laparoscopic cholecystectomy: a multicentre prospective observational Indian Association of Gastrointestinal Endoscopic Surgeons (IAGES) Study. Surg Endosc 2022; Nov 10:1-15. [PMID: 36357547]

Faculty

- Judge at the 'best paper session' at ASICON 2022 (National conference) held at Mumbai
- Training faculty for 'Certificate Course in Comprehensive Laparoscopic Surgery' at IMMAST Mumbai



Dr Vimal Pahuja

Publication

- Anaphylaxis – Clinical Review. Clinical Key Now, Elsevier, 2022.
https://www.clinicalkey.com/now/in/content/76-s2.0-in_en_anaphylaxis
- Splenomegaly – Clinical Review. Clinical Key Now, Elsevier, 2022.
https://www.clinicalkey.com/now/in/content/76-s2.0-in_en_splenomegaly



Events

NurCON-2022

The Nursing Department at the Dr L H Hiranandani Hospital organized the **4th Nursing Conclave, NurCON-2022**, on the 5th November, 2022, at The Lalit International, Mumbai. The theme for the conclave was 'celebrating nursing contribution in healthcare – achieve excellence, the nursing way'. The conclave was inaugurated by Dr Niranjan Hiranandani, Co-founder and MD of Hiranandani Group. A total of 310

delegates participated from 27 hospitals and 7 nursing colleges. An intercollegiate competition was held on the topic, 'as a nurse is it better to be empathetic or compassionate'. The event concluded with a panel discussion on 'Nurses – a voice to lead – Invest in nursing and respect rights to secure global health' which was moderated by Dr Sujit Chatterjee, CEO, Dr L H Hiranandani Hospital.





Events

HiPCon, 9th Hiranandani Pharmacy Conclave

The 9th Hiranandani Pharmacy Conclave was held on 18th November 2022. It was a day long program organized to share knowledge on the importance of pharmacy services and practice in hospital with theme, **"Pharmacist: Shifting towards Patient Centric"**.

The HiPCon event was inaugurated by Dr Sujit Chatterjee, CEO of Dr L H Hiranandani Hospital and Ms Manisha Pal, Pharmacy-Incharge and Organizer, HiPCon 2022.

Eminent speakers such as Dr Atul Kumar Nasa, Ex-Head of

Office, Controlling & Licensing Authority, Drugs Control Department, New Delhi, Dr Vivekanandan Kalaiselvan, Senior Scientific Officer, Indian Pharmacopoeia Commission, Dr Subhrojyoti Bhowmick, Clinical Director, Peerless Hospital & B.K Roy Research Centre, Ms Yasmin Shenoy, Regulatory Affairs – Sanofi, Dr Harish Shetty, Psychiatrist, Dr L H Hiranandani Hospital and Dr Vimal Pahuja, Physician, Dr L H Hiranandani Hospital spoke at the conclave. There was a panel discussion on **'Challenges for Implementation Antimicrobial Stewardship'** with experts discussing on this important topic.





Events

Public Awareness Programmes

Obesity Awareness Event



Events

Public Awareness Programmes

Patient Safety Programme



Events

Public Awareness Programmes

Walk for Life, Awareness for Breast Cancer



Events

Public Awareness Programmes

World AIDS Day, School Debate



Events

Public Awareness Programmes

World Diabetes Day



Events

Public Awareness Programmes

World Heart Day



Festivals & Celebrations

Christmas Day Celebration



Festivals & Celebrations

Ganesh Chaturthi Pooja



Festivals & Celebrations

Independence Day Celebration



Festivals & Celebrations

Lakshmi Pooja - Deepawali Celebration



Festivals & Celebrations

Nursing Day Celebration



Festivals & Celebrations

Pharmacist Day Celebration



Chairman

Padma Bhushan Dr L H Hiranandani's 105th Birthday Celebration



18th Anniversary Celebration



18th Anniversary Celebration



18th Anniversary Celebration



Annual Award Ceremony, 2022

COVID Warrior Award - Accident & Emergency



COVID Warrior Award - Anesthesiology, CSSD



Annual Award Ceremony, 2022

COVID Warrior Award - Blood Centre & Pathology



COVID Warrior Award - Cardiology



Annual Award Ceremony, 2022

COVID Warrior Award - Catering & Dietitics



COVID Warrior Award - Customer Care, HAT, DOSA, Dermatology, MRD, Health Chaek, Library & MSW



Annual Award Ceremony, 2022

**COVID Warrior Award -
Dr Sushma Sanghvi**



**COVID Warrior Award - General Medicine & all
Medicine related Specialities**



Annual Award Ceremony, 2022

**COVID Warrior Award - General Surgery
& all related Surgical Specialities including
Physiotherapy**



COVID Warrior Award - Housekeeping team



Annual Award Ceremony, 2022

COVID Warrior Award -
HR & Administration, Accounts, IT, Marketing,
Quality, Healthcare



COVID Warrior Award - Intensive Care Unit (ICU)



Annual Award Ceremony, 2022

COVID Warrior Award - Materials & Stores,
Laundry, Biomedical, Engineering, Pharmacy



COVID Warrior Award -
Nursing, Wards, Dental Dept



Annual Award Ceremony, 2022

COVID Warrior Award - Obstetrics & Gynaecology, Paediatrics, NICU



COVID Warrior Award - Orthopaedics



Annual Award Ceremony, 2022

COVID Warrior Award - Radiology



COVID Warrior Award - Security



Annual Award Ceremony, 2022

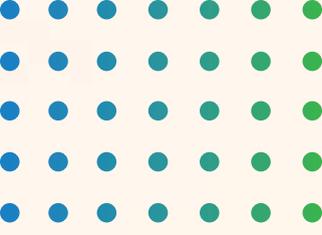
Best Department Award,
Wards 4th & 5th



Best Employee of the Year,
Ms Julie John, Nursing Dept







Editorial Board

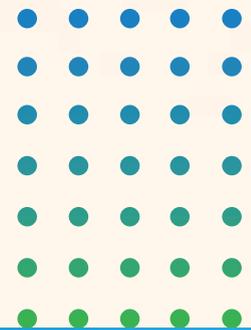
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Ms Brenda DaCosta

Mr Aboo Sufiyan Khan

Mr Bhagat Singh



Talent wins games,
but teamwork and intelligence
wins championships.

– *Michael Jordan*



**Hiranandani
Hospital**

The Family Super Speciality Hospital

Dr L H Hiranandani Hospital

Western India's first NABH accredited superspeciality hospital.

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